

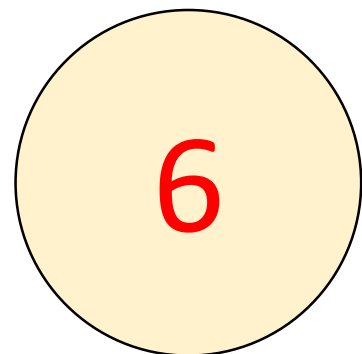
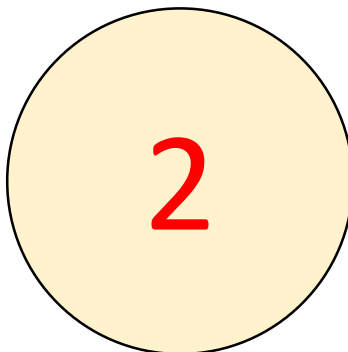
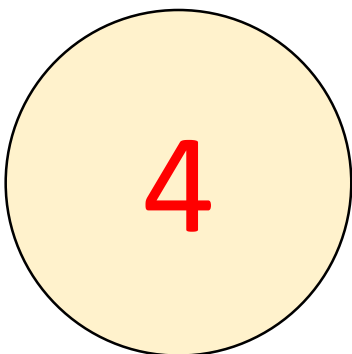
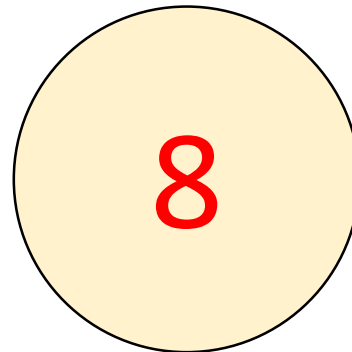
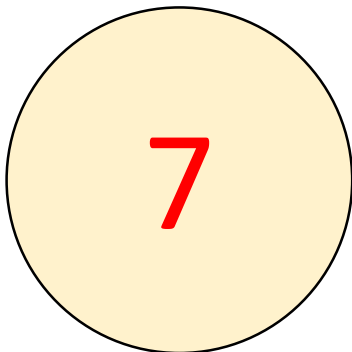
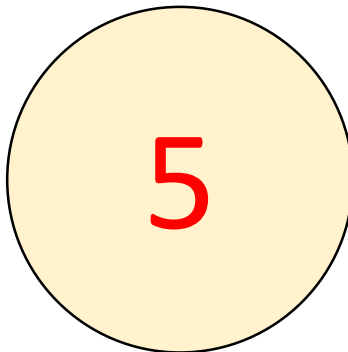
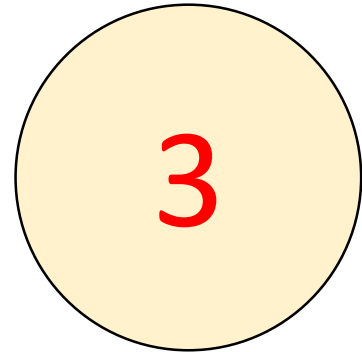
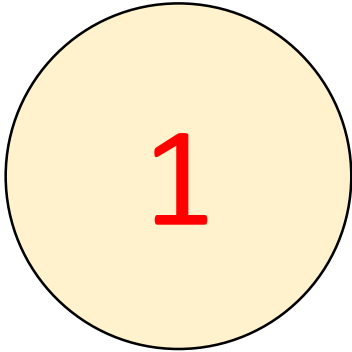


# Consistency Drill

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Distance: \_\_\_\_\_



## Instructions:

1. Hang target so that the eye level markers are at the shooter's eye level. 10 feet is a good starting distance for this drill.
2. Shoot the circles in numerical order. Only shoot as fast as you can hit. One shot every 2 seconds should be your goal.
3. Once you can reliably hit all of the targets in a row without a miss, increase the distance by 1 foot.

## Alternate Instructions:

1. Start with the handgun holstered (if the range allows firing from a holster), or in a "Compressed Ready" position.
2. Draw and fire one shot at each circle, in numerical order. Re-holster after every shot.
3. If the range has rotating targets on a timer, set the timer to 5 seconds on, 5 seconds off. Or, time yourself with a large-font stopwatch.
4. Once you can reliably hit all of the targets in a row without a miss, increase the distance by 1 foot.
5. If you draw with an improper grip, STOP and start again. DON'T RUSH IT. CONTROL YOUR SHOTS. SAFETY FIRST!